the For youth development For Healthy Living For Social Responsibility

THE BANGOR YMCA WILDERNESS CENTER AT CAMP JORDAN SLEEP AWAY CAMP HANDBOOK WELCOME TO THE WILDERNESS CENTER!





DIRECTIONS

101 Camp Jordan Way, Ellsworth, ME 04605

TO THE BANGOR YMCA WILDERNESS CENTER AT CAMP JORDAN FROM BANGOR & 195

Take the 395 exit off Interstate 95, heading east on Route 1A toward Ellsworth and Bar Harbor. Travel approximately 15 miles on Route 1A and watch for a Camp Jordan sign on your right. Turn right onto Winkumpaugh Road and continue for approximately 0.5 miles. Turn left at the Camp Jordan sign on Hansons Landing Rd. Travel approximately 0.5 miles until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please do not drive beyond the parking lot.

TO THE BANGOR YMCA WILDERNESS CENTER AT CAMP JORDAN FROM ELLSWORTH

Take Route 1A toward Bangor for 10.2 miles from the intersection of Route 1 and 1A in Ellsworth. Turn left onto Winkumpaugh Road and continue for approximately 0.5 miles. Turn left at the Camp Jordan sign onto Hansons Landing Rd. Travel approximately 0.5 miles until you see our sign on the right. Turn into the driveway and proceed to the parking lot. Please do not drive beyond the parking lot.

If you do not find the answer you need here, please give us a call at 207–944–4532 or 207–941–2808

RECRUIT

A FRIEND

ARRIVAL AND REGISTRATION

Our check-in procedures this summer may vary due to updated local and state requirements. Below is a general guide for how check-in will run. For the latest updates, be sure to check our website at campjordan.org.

We ask that all participating in check-in (campers, parents, siblings and camp staff) wear a mask both indoors and outdoors. There will be a health and temperature screening at the nurses' station.

CHECK-IN TIMES

We will ask you to arrive at the following times based on the last name of your camper(s). If you have campers in your vehicle with different last names, we ask you to arrive at the 3 p.m. check-in slot.

- 2 p.m. A-H
- 3 p.m. I-N
- 4 p.m. O-Z

Please use our online portal as much as possible to complete forms, make payments, or add funds to your child's store account.

CHECK-OUT

Check-out will begin after Breakfast on Saturday at 9:00.



CAMP HEALTH CARE

We are required to screen all campers upon registration to ensure that they are healthy enough to participate in camp activities with other children.

Although, our registration schedule should keep lines to see the nurse short, it is important that campers with medication see the nurse prior to arriving to their cabins. We make every effort to keep the process quick, and to provide a private area for families to give medications to our Health Officer. We encourage families with extensive medical needs to give our health officer a phone call a week before your session so we can review your child's health records together, and we can make your check-in as quick as possible.

If you do not find the answer you need here, please give us a call at 207–944–4532 or 207–941–2808.

SAMPLE DAILY SCHEDULE

7:30 AM	RISE AND SHINE
8:15 AM	FLAG RAISING & CHAPEL
8:30 AM	BREAKFAST
9:15 AM	CABIN CLEAN-UP
10:00 AM	FIRST ACTIVITY PERIOD
11:00 AM	SECOND ACTIVITY PERIOD
12:00 рм	BACK TO CABINS
12:30 рм	LUNCH
1:30 рм	SIESTA
2:30 рм	CABIN ACTIVITIES
4:00 рм	FREE TIME
5:00 рм	FLAGS
5:15 рм	DINNER
6:15 рм	CAMPER'S CHOICE
7:30 рм	EVENING ACTIVITY
8:30 рм	CABIN TIME
9: 30рм	YOUNGER CAMPERS LIGHTS OUT
10:00 рм	OLDER CAMPERS LIGHTS OUT

CLASS SELECTION

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Each session, a camper chooses three activities that they will participate in each day. Our website provides summaries of the many activities we provide. Activities are scheduled based on qualified staff availability and camper demand. Not every activity is offered every session, and no activity is offered during every time slot. Campers will register for their classes after arriving at camp.

We want children to try activities that they are interested in and enjoy, and we will always do what we can to work with a child to find a schedule that works best for him or her. All campers are given the opportunity to switch classes through Wednesday at noon if they are placed in one they do not enjoy.

CAMPING TRIP



Some cabins may choose to participate in an overnight camping trip. All camping trips take place on camp property. Please ensure you pack a backpack, sleeping bag and an extra pillow case.

CABIN ASSIGNMENTS

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Campers are assigned to cabins based on age and gender. Though we encourage campers to make new friends, we allow campers up to one cabin mate request. The requests must be mutual and noted on the registration form.

CAMP COMMENCEMENT CELEBRATION



There will be a celebration on the final Saturday morning of each session. This will give you an opportunity to meet your camper's counselors and watch him/her receive participation awards and possibly other accolades. Parents are encouraged to join us in the King Dining Hall or Fire Circle (depending on the weather) from 9:30 to 10:00am. Check-out will occur from 10:00 to 10:30am.

We do not encourage early arrival because campers will be finishing up their breakfast at this time.

CHECK-OUT PROCEDURES



Your child's safety and security is our number one priority. In order to ensure that all children remain in the proper hands, we require all parents to bring a Photo ID with them when collecting their child at the end of each session. When your child arrives at camp, our counselors will give you an opportunity to note all of

the names of appropriate people who may be checking your child out of camp. If your child will be leaving with another parent, a different family member, or a friend, be sure to write their name in the space given.

VISITING



We ask that parents do not visit camp during the sessions. Keeping visitors to a minimum helps us to ensure camp security, and visits disrupt our daily program.

MAIL



Everyone loves mail!! Letters from home are the most welcome form of communication. Campers will also have the opportunity to send letters home; we will send camper mail out Monday – Thursday of the week to ensure proper delivery time. Pléase keep in mind, if mail is received at

camp on Saturday, there is no guarantee your camper will receive it before departure. We are not responsible for undelivered camp mail and will not be able to return to sender.

Be sure to indicate the cabin name on any letters or packages you send your camper: Camper Name, Cabin Name, 101 Camp Jordan Way, Ellsworth, ME 04605

TELEPHONE CALLS



We acknowledge that a week or more away from home may be difficult for some campers. We generally discourage phone calls from home to help campers fully immerse in their experience. That being said, if an encouraging phone call home might help a camper, we will be happy to let them

call you from our office. If you would like an update on your camper, feel free to call the camp at **207–944–4532** and we will either connect you with your camper or with one of his/her counselors.

CELLULAR PHONES



Please do not allow your camper to bring a cell phone with them to camp. Remind your child that they can call you at any time, for any reason. If a camper ever feels the need to call home, asking a counselor to bring them to the office is a great way for us to gain some insight into how their experience is going, and how we can help.

NO NUTS PLEASE!



Children attend camp with various health needs and dietary restrictions. One of the most common allergies relates to the consumption of nuts. Although The Wilderness Center does not guarantee that all foods served at and brought to our facility are prepared in nut-free environments, there are a number of measures we

can take to make The Wilderness Center an allergy friendly place.

PHOTOGRAPHY



Although, The Bangor YMCA Wilderness Center at Camp Jordan has not had any known problems with inappropriate camera use, we want to be proactive in our approach to safeguard your child. Because of the risk of inappropriate camera use even under the most effective counselor supervision, we prohibit campers from bringing cameras

to camp. Our staff members are constantly taking photos of the campers which are posted to our Camp Jordan Facebook page daily. This album is public, and therefore you can access it without a Facebook account.

SOCIAL MEDIA

Photos and videos are posted weekly on Facebook and Instagram.



bangor y camp jordan



CAMP HANDBOOK

PACKING LIST

Each camper should have enough clothes for the duration of their session. Below is our recommended clothing list for up to two weeks of camp. If your camper is participating in a one-week session, use your judgment on numbers of socks, T-shirts, etc. based on your child's habits. Campers staying for more than one session will have their laundry washed on the weekend.

Please do not send your child in their best clothes. **Write their name on the tags of clothing** to help prevent the loss of personal items. While our counselors consistently remind campers to take care of their clothing, their bathing suits, their towels, and all other belongings, summer camp is an opportunity for great personal growth, and campers need to take some responsibility for themselves and their belongings. Take the time to talk with your camper about being responsible for the below items. If your child does not have a large suitcase or trunk, a large plastic tub is a very easy way for your child to store his/her belongings at camp.

If there is any item on this list that your family cannot financially acquire, please give us a call and we will work it out!

CLOTHING

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X	ITEM	QUANTITY	NOTES
	Socks	Daily change +3	Campers may get wet from rain or other fun activities
	Underwear	Daily change +3	Campers may get wet from rain or other fun activities
	Long Pants	3 or 4 pair	
	Shorts	3 or 4 pair	
	Sweatshirt or fleece	2	
	Raincoat	1	
	Sandals	1 pair	
	Sneakers	2 pair	Sneakers often get wet
	Swimsuit	2 or 3	All suits should be appropriate for active play at the Waterfront
	Belt	1	
	Hat	1	
	Pajamas	3 or 4 outfits	
	Warm Jacket	1	
	T-shirts	6 or 7	Red, blue, green, yellow and white t-shirts for Capture the Flag and other camp wide activities
	Reusable Cloth Mask	3-4	To be worn periodically during the week

TOILETRIES/BEDDING/OTHER

X	ITEM	QUANTITY	NOTES
	Toothbrush	1	
	Toothpaste	1 tube	
	Shampoo	1 bottle	
	Comb or brush	1	
	Washcloths	2	
	Towels	2 or 3	
	Pillow	1	
	Pillow Case	2	Pillow cases may get dirty on the camping trip
	Sleeping Bag	1	
	Sheets	1 pair	Some campers just bring a bottom sheet. That is up to you.
	Flashlight	1	You may want to send your child with extra batteries
	Stationary, Pens & Stamps		Quantity up to you. We cannot provide stamps for campers.
	Insect repellent	1 bottle	Non-aerosol
	Sunscreen	1 bottle	
	Fan	1	Battery powered are preferred, but we do have outlets
	Water Bottle	2 or 3	Please write your child's name on his/her water bottle
	Laundry Bag	1	If using the laundry service please send labeled cloth/mesh laundry bag
	Backpack	1	For day to day use and for camping trip

PLEASE DO NOT BRING

Cell phones, iPods or any other electrical devices, cameras, gum, pocket knives, or any valuables.

All of the above items will be confiscated, kept in the camp office, and returned at the end of the session.

The Bangor Region YMCA is not responsible for any lost or damaged personal items.